



TILAK MAHARASHTRA VIDYAPEETH

Gultekdi, Pune 411 037.

BOARD OF AYURVEDA STUDIES

THE LATE VD. P. G. NANAL DEPARTMENT OF AYURVEDA & YOGA

Tel : 24403035 / 24403080 (Direct Lines), 24403000, 24403007,

Fax : 91-020-24403100

Website : www.tmv.edu.in

E-mail : ayurveda@tmv.edu.in

VISION

- To provide integrated approach of traditional and modern science through quality education for serving the community.

MISSION

- To provide integrated health service of Ayurveda, Yoga and modern nutrition.
- To equip the students with skills to handle lifestyle disorders.
- To establish Ayurveda and Yoga as mainstream health science

General Instructions Regarding Admission



ADMISSION PROCEDURE FOR FOREIGN STUDENTS

STEP 1 : APPLY FOR PROVISIONAL ADMISSION

- 1) Please shortlist the course that you would like to pursue. You may also mail us your queries to the following e-mail : intl.student@tmv.edu.in
- 2) Contact Foreign Student Cell for Admission Request Form. Fill in the details and mail us the following documents. (a) Filled in admission request form with the photograph (b) Valid Passport (c) Marks transcripts of i) High School ii) Bachelor's Degree (if applicable) (d) Previous VISA to India if any (e) Payment details of Processing Fee / Eligibility Fee : Rs.15000 (Non-refundable) (f) Course fees are other than processing fees.

STEP : 2

- 1) All Marks Transcripts have to be attested by Ministry of Higher Education in your country.
- 2) Apply for VISA at the nearest Indian mission or Indian Embassy in your Country.
- 3) You must take an endorsed STUDENT VISA.

Confirmation of Admission

On arrival in India you must report to the 'International Students' Cell to take a firm admission.

Submit the filled in Final Admission form along with the copies of following documents.

- | | |
|--|--|
| i) Endorsed student VISA | ii) Medical Fitness Report / yellow fever vaccination card |
| iii) C-Form and House Agreement | iv) 4 Photographs |
| v) Complete Payment of Fee / Receipts | vi) Entrance exam result wherever applicable |
| vii) Scholarship / Sponsorship Letter if any | |

Note : In case of admission of foreign students for the mentioned program in Handbook, applicable fees is given below:

For all Regular Programs

Sr.	Fee (Rs.) prescribed in the prospectus	Fee (Rs.) Applicable for Foreign Students
1.	Below 25,000	3 times of total fees
2.	25,000 - 1,00,000	2 times of total fees
3.	Above 1,00,000 - upto 2,00,000	1.5 times of total fees
4.	Above 2,00,000	Actual fee for the mentioned program in handbook

Admission Procedure for Foreign Students



Note :

- 1) **Please carry the Original documents for Verification. All Original documents will be returned to you.**
- 2) All foreign students must take English Language Proficiency Test. Clearance of this test is a must for firm admission.
- 3) You need to report to the FRO for registration. You must register within 14 days of your arrival.
- 4) **Registration validity.**
 - For 2 years Programme - 4 years
 - For 3 years Programme - 5 years
 - For 4 years Programme - 6 years

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About Department



Academics :

The Department of Ayurveda is a part of Tilak Maharashtra Vidyapeeth since Vidyapeeth's inception in the year 1921. The objective of the department is 'Ayurveda for all'. Each and every activity of the department is linked with the purpose of Preservation and propagation of ancient Indian culture and sciences like Ayurveda, Yoga and Indian dietetics. The working of the department revolves around three prime components; viz. Ayurvedic treatments, education and research .

Since the pre-independence era, i.e. the inception of the Vidyapeeth, the Department runs various programs. The department has re-oriented itself to cater the changing needs of the students and the society.

India is the land of Yoga. One of the greatest contributions of Indian Culture to the world community is the philosophy of Yoga and its scientific practice to enhance the quality of life. Yoga gives empowerment to face the life with calm mind and positive attitude which is the greatest need of the present time. With this view in mind the Department has designed Two years M.A. program in Yoga which is the most sought after and favorite program of the students.

Indian food is considered as one of the wholesome foods in the World. The traditional Indian food is not only healthy, but is also incredibly tasty with a lot of health benefits, Indian diet is not only scientific but sustainable. The only need is for awareness. On this background the department is a pioneer to design and implement the Masters program in Nutrition and Food Science (M.Sc. Nutrition & Food Science) which is a beautiful blend of traditional Indian and modern food. This interdisciplinary program was started in the year 2011 which we are running very effectively. Moreover, for the purpose of scientific research in Ayurveda, Ph.D. program is conducted following all the Norms, Rules & Regulations of Ministry of AYUSH, UGC.

Since its inception The Late Vaidya P. G Nanal Department of Ayurveda and Yoga has contributed to the reputation of the University. The research culture and use of modern technology for traditional research make the department one of its kind.

Scientific study of valuable manuscripts and ancient Ayurvedic texts to modern doctrines, is the continuous activity of the Department. The Late Vaidya P. G Nanal Department of Ayurveda and Yoga has established its name with various socially useful research projects. The Departmental library is a rich source of very precious and rare manuscripts and texts..

The Department is a recognized Research Centre for research in the field of Ayurved, by CCRAS, Ministry of Ayush, Govt. of India and AAPNA, USA. Many Minor and Major research projects have been successfully completed by the department. There are some ongoing mega research projects which are being carried out through its exclusive Research Centre, in collaboration with Ministry of Ayush, Govt. of India

Research Activities

The research wing of department is now established as “**The Lokmanya Tilak International Research centre for Fundamental research in Ayurved and Yoga**”. The centre was inaugurated in January 2020 by the hands of Dr. Jayant Deopujari (Chairperson, The central Council of Indian Medicine, New Delhi)

Department is performing various research activities since last two decades. It includes various government funded projects, publications, conferences, workshops etc.

1. Research projects :

Completed Projects

Sr. No.	Name of the Project	Contribution	Completion Period	Funding Agency
1	Triskandha Kosha a) Lakshana Kosha b) Hetu Kosha c) Aushadha Kosha	Triskandha Kosha project is remarkable contribution to Ayurveda and it's a milestone achievement for the department. It is a comprehensive and exhaustive compilation of three database of ancient Ayurvedic knowledge of causative factors, symptoms and remedies.	July 1998 2001 October 2004	Chief Minister's fund, ISM & H Dept. of Health & Family Welfare Ministry, Govt. of India in collaboration with C.S.I.R.
2	Ayuta Nidan a diagnostic CD	Ayurveda has its own unique comprehensive way of diagnosis and treatment. To design a diagnostic software was an uphill task and was successfully formulated as Ayuta Nidan.	April 2005	Tilak Maharashtra Vidyapeeth, Pune

Programme Details



Sr. No.	Name of the Project	Contribution	Completion Period	Funding Agency
3	Ayuta Upachar a treatment software	<p>Features:</p> <ol style="list-style-type: none"> 1) Provides therapists with a multifaceted treatment program to address a patient's condition. 2) Provides practitioners with a valuable resource to incorporate several different modalities into a patient's treatment program. 3) Provides practitioners with the opportunity to increase their offerings to clients. 4) Provides therapists of all experience levels with access to a vast store of Ayurvedic knowledge and wisdom. 5) Easy to use program, providing specific, action oriented recommendations. 	October 2008	Tilak Maharashtra Vidyapeeth, Pune
4	Critical Edition of Charak Nidan Sthana	Collective study of 22 manuscripts and 14 books from all over India to enrich the present knowledge of Ayurvedic Diagnosis and remedies	2012	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi
5	Atharvavedatil Vyadhi ani Chikitsa Sandarbhanche Sankalan	In the present era Daivavyapashraya an ancient knowledge pool is fading out. So in order to rekindle the knowledge of Daivavyapashraya and to study its impact on curing various diseases. Department of Ayurveda is untiringly contributing the study of vedic mantras and its suktas. The dept has contributed to a twofold approach extracting knowledge from traditional manuscripts and empowering with modern tools they have reached out to people through various sources.	2016 (Completed)	Jagatguru Shankaracharya, Karveer Peeth, Kolhapur

Programme Details



Sr. No.	Name of the Project	Contribution	Completion Period	Funding Agency
6	Translation of the most popular Marathi Compendium Chikitsa Prabhakar to English	For enriching contribution in the field of knowledge Ministry of Ayush has Entrusted a prestigious project of translation of traditional manuscripts to English language. The project is funded and in collaboration with Dept. of Ayurveda and Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India	May 2018	Central Council for Research in Ayurvedic Science (CCRAS) New Delhi
7	Translation of the most popular Marathi Compendium Chikitsa Prabhakar to Hindi	For enriching contribution in the field of knowledge Ministry of Ayush has Entrusted a prestigious project of translation of traditional manuscripts to Hindi language. The project is funded and in collaboration with Dept. of Ayurveda and Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India	July 2020	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi
8	Translation of a valued Sanskrit Compendium 'Hastyayurved and Ashva-Vaidyakam and Ashvachikitsam' to English'	The most awaited research on valuable manuscript. This project brings up the translation of 'Hastyayurved' and 'Ashwavaidyakam' and 'Ashwachikitsam' to the global language- English; so as to make them available to all students, researchers and academicians.	December 2021	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi
9	Digitalization of Triskandha Kosh	Upgradation of the Mammoth Triskandh Kosha in digital form	June 2022	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi

Programme Details



Sr. No.	Name of the Project	Contribution	Completion Period	Funding Agency
10	Study of immune-modulating properties of selected recipes from ancient Ayurvedic Classical texts (Bhojankutuhalam and Kshemkutuhalam) and repurposing them as immune enhancers.	The department is proud to study the selected recipes from ancient literature in modern way. This will help in today's critical times to boost immunity of the community.	December 2024	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi
11	"Comprehensive and Systematic Study of Potential of Millets in Maintaining and Managing Human Health from Vedic and Contemporary Nutrition Science".	Understanding the need to promote the diversity and nutritional and ecological benefits of millets, this project aims at putting forth the colossal magnitude of millets with respect to its nutritional and therapeutic benefits by meticulously studying the ancient Indian (Vedic) scriptures and modern nutritional sciences.	March 2024	Guru Nanak Institute of Global Studies, Canada and Research and Development Centre, Pakchong, Thailand

Programme Details

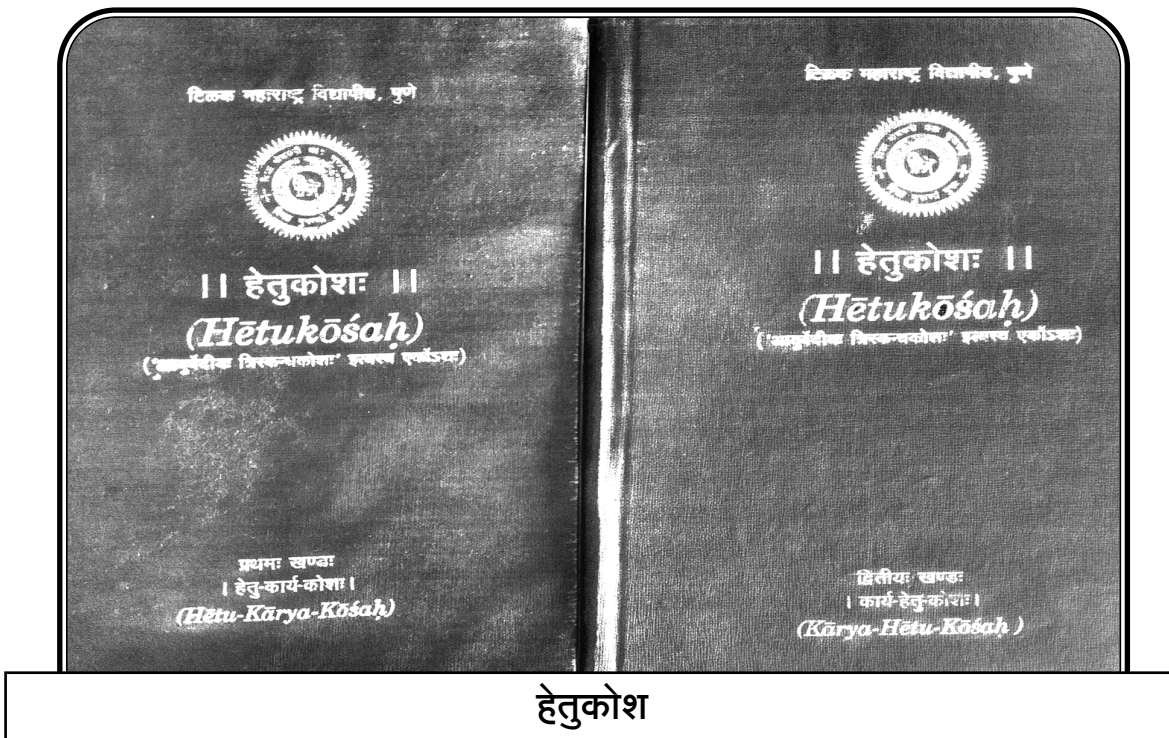


Ongoing Projects

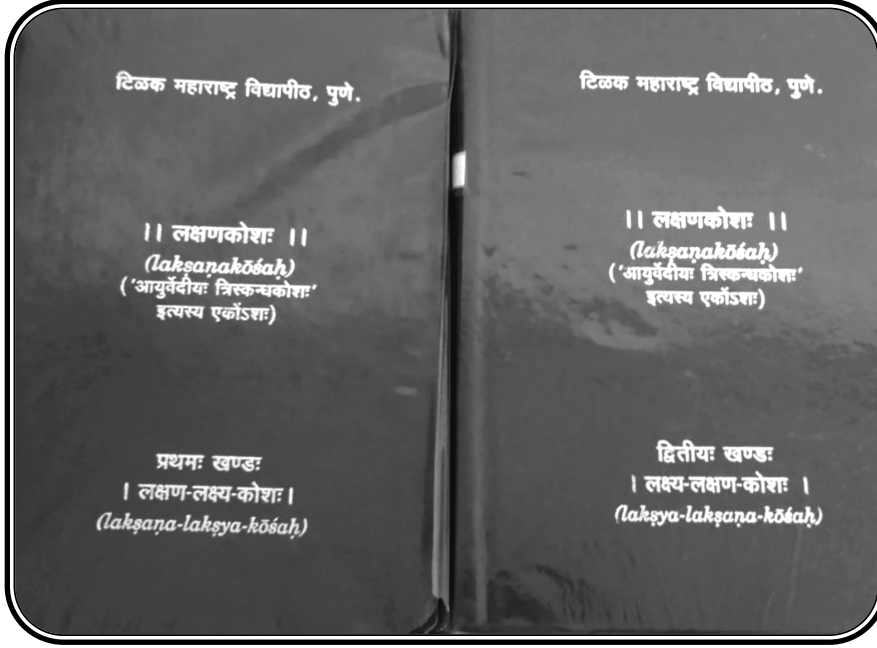
Sr. No.	Name of the Project	Contribution	Funding Agency	Commencement Duration
1	"Comprehensive Collection of health-related references from Vedic Literature and Sysematic Documentation of Selected Vedic Practices	This project will generate a repository of information and references relating to health in its various domains such as references relating to physiology and anatomy, information about various diseases, their treatment and knowledge about various medicinal herbs mentioned in Vedas which will also be a valuable database for the potential researchers.	Central Council for Research in Ayurvedic Sciences (CCRAS) New Delhi	February 2022
2	To mitigate the side effects of chemotherapy in Cancer patients with the help of Ayuryoga.	This project aims on collecting information from ancient Indian Ayurveda & Yoga that will help to alleviate the side effects caused due to chemotherapy.	Research and Development Centre, Pakchong, Thailand	June 2022

2. Publications :

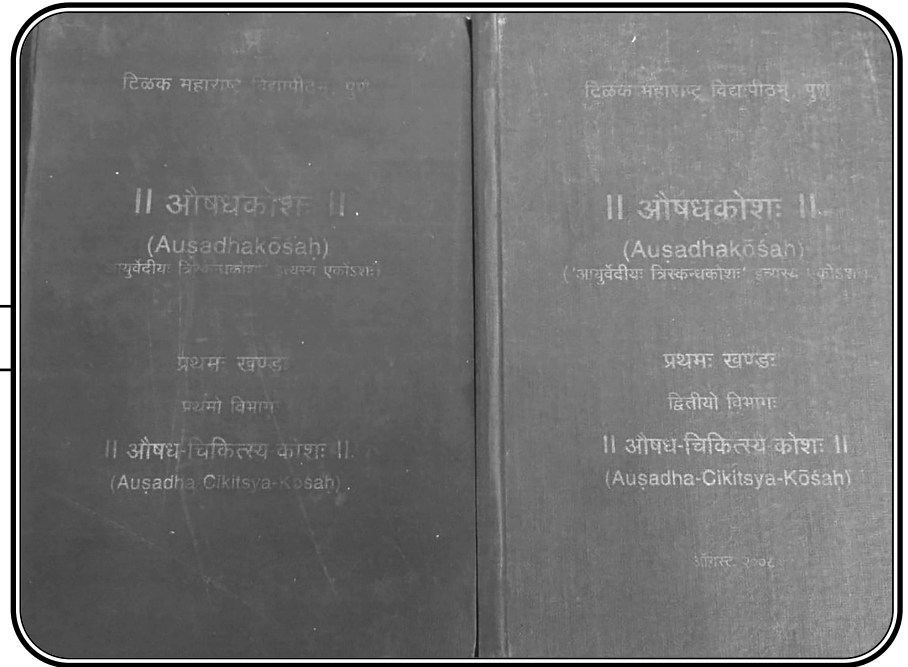
- The department has already published many research papers and review articles in esteemed scientific journals.
- Faculties have published more than 100 research and review articles.
- Department helped students to publish over 500 research papers and review articles.
- Department also has published more than 15 books on varied subjects.



Programme Details



लक्षणकोश

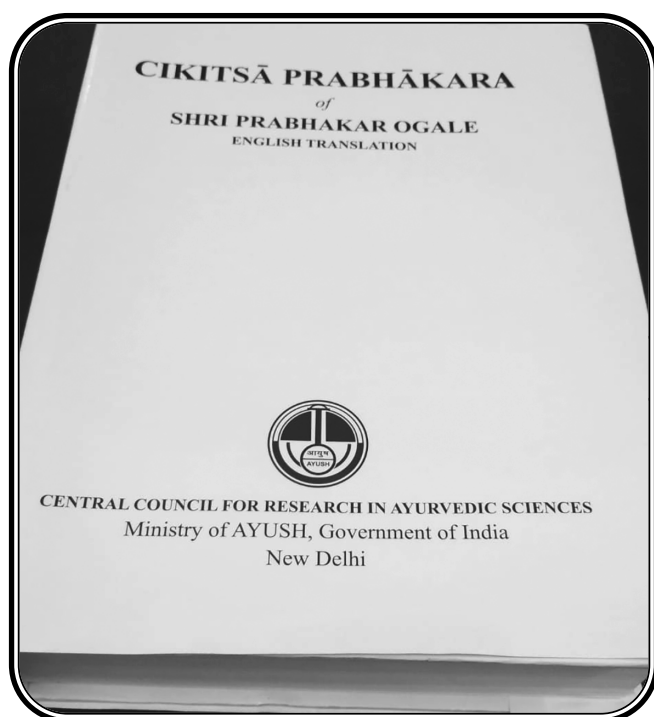
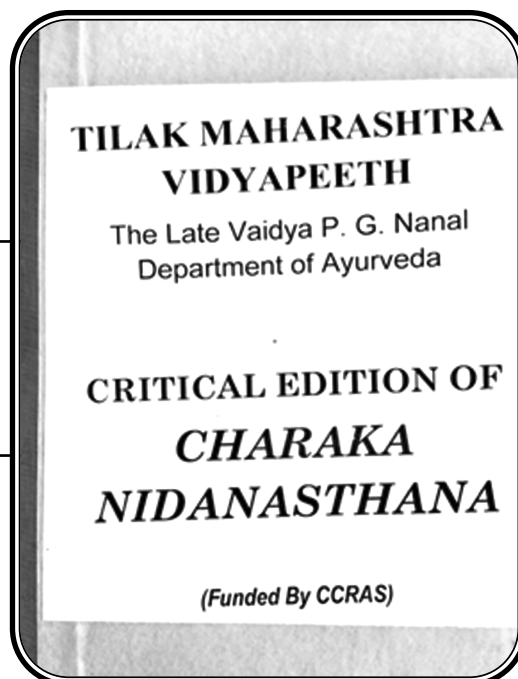


औषधकोश

Programme Details

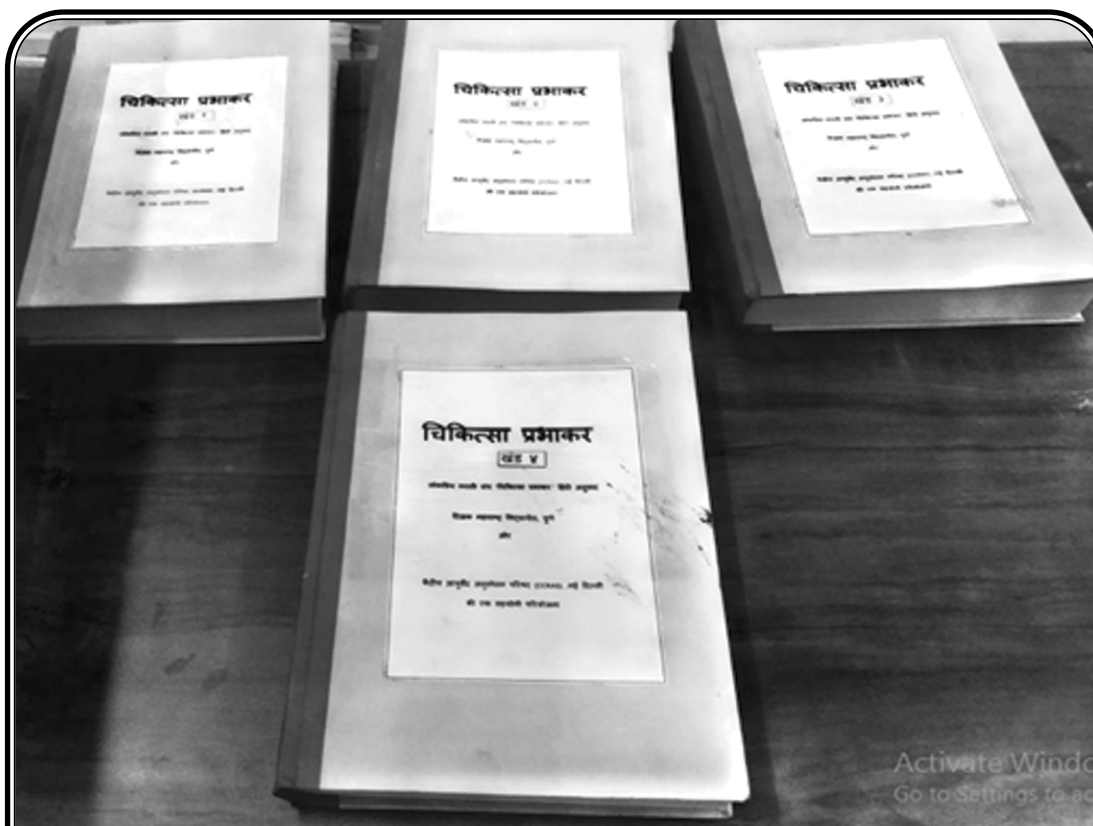


Name of the Project
Critical Edition of
Charaka
NidanaSthana

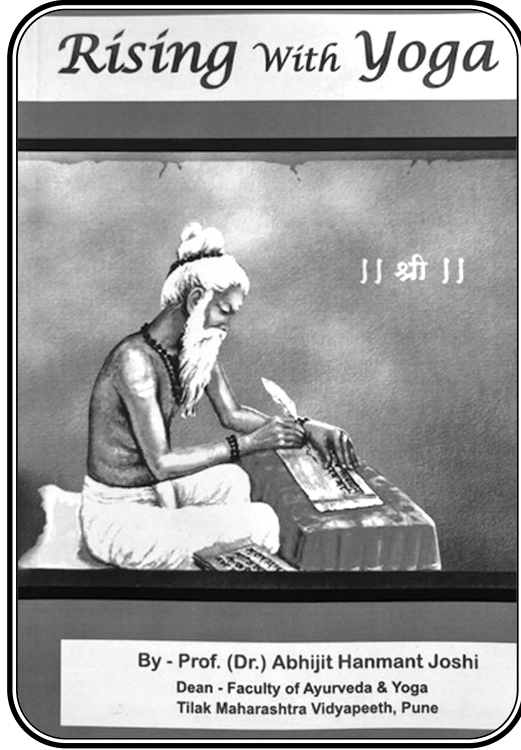


चिकित्सा प्रभाकर इंग्रजी

Programme Details

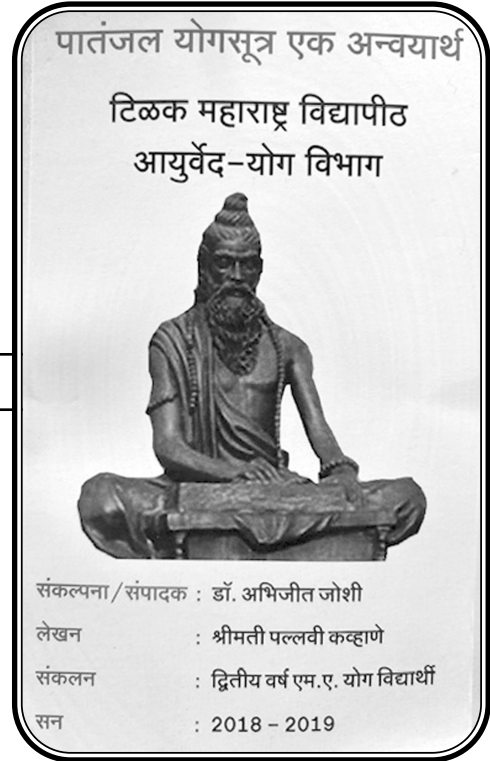


चिकित्सा प्रभाकर हिंदी



Rising with Yoga

Patanjal Yoga Sutra



Programme Details



- Prof. Dr. Abhijit Joshi holds “four D.Litt” for his research in the areas of Ayurved, Sanskrit and Yoga from National and International Universities.
- His name is included in World book of records, London, UK, and also in Asia Book of Records and India Book of Records for his academic excellence.
- Expert in the field of Yoga & Ayurved with more than 20 years of experience in Academics, Administration & Research.



Prof. Dr. Abhijit Joshi

Awards and recognition

- Bharat Kirtimaan Alankaran 2022 for 'matchless contribution in the battlement of society and promoting Ayurveda and Yoga educational causes' by ALMA World Govt of India in August 2022.
- Maharashtra Gaurav Samnan Award for his global research work in Veda, Ayurveda and Yoga by Maharashtra Times in May 2022.
- 'Ayuryog' award by Yoga Sanskrutham University, Florida, USA in April 2022.
- The 'Aryabhatt Award' from Association of Ayurvedic Professional in North America, Inc. USA (AAPNA) in November 2020.
- Winner of the prestigious Dr. Sarvepalli Radhakrishnan National Award 2020 for contribution to education field.
- Recognition as the International Scientist by 3G University, Harvard Square, Massachusetts-01201, Boston, USA
- "The Harvard University Global Systems Award in the category of Health and Education (HUGS Award)". This award was presented to him by Harvard University Global Systems, Boston, USA. at Boston, in November 2019
- "Maharshi Badarayan Vyas Samman Award (Presidential Award)" for the year 2019
- Vd. M.V. Kolhatkar Research Award 2016 for research in Medicinal aspect of Atharvaved and Rugved by Vd. Khadiwale Vaidyak Sanshodhan Sanstha, Pune.

Achievements of Late Vd P. G. Nanal Department of Ayurved and Yoga

- Association of Ayurvedic Professionals of North America, Inc. Pennsylvania, USA has given CERTIFICATE OF EXCELLENCE to the Dept. of Ayurved and Yoga in recognition of the innovative, meritorious and scholarly research work in the field of ancient sciences of Ayurved & Yoga with continued commitment to excellence on November 2020.
- Dept. of Ayurved and Yoga has established “Lokmanya Tilak International Research Centre for Fundamental Research in Ayurved and Yoga” from January 2020.
- In December 2024, the Department of Ayurveda and Yoga was conferred with the **"Best Collaborator"** Appreciation Award by the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH, Government of India, New Delhi in recognition of their outstanding contribution & significant accomplishments as a research collaborator.
- The Department was honored as the **"Best Literature Resource Center"** by the World Ayurveda Foundation, in recognition of its exceptional contributions of generating a huge data base of Literature Research.

World Book of Records

- The Department has achieved a grand success in the form of a record in World Book of Records for the performance by the students.
- Students of MA – Yoga Program of, Dept. of Ayurved, Tilak Maharashtra Vidyapeeth, attempted for the World Book of Record under the title ‘Attitude of Gratitude towards Lord Shiva’. 18 students, on the backdrop of Shiva Tandav and Shiva Mahimna Hymns, performed 84 various yoga stances honouring Lord Shiva in 18.37 minutes on 21st February 2020 on the occasion of Mahashivratra.
- Students of M.Sc. Nutrition & Food Science & staff from the Dept. of Ayurved, Dept. Tilak Maharashtra Vidyapeeth, attempted for the World Book of Record under the title ‘Ancient Indian therapeutic recipes’ by 40 participants on 21st February 2020.

Programme Details



*Preparation of
Ancient Indian
Recipes for 'World
Book of Record' event
by students and staff*

*Preparation of
Ancient Indian
Recipes for 'World
Book of Record' event
by students and staff*



*'Attitude of gratitude
towards Lord Shiva'
performance of 84
yoga stance on
backdrop of 'Shiva
Mahimna Hymns' by
M.A. Yoga students*



Certificate Presentation to Vidyapeeth Authorities by 'Word Book of Record', London. (Yoga)



Certificate Presentation to Vidyapeeth Authorities by 'Word Book of Record', London. (Nutrition)

PROGRAMS OFFERED

Sr. No.	Program Name	Page No.
1	Diploma in Yoga & Ayurveda (Basic)	56
2	Diploma in Yoga & Ayurveda (Advanced)	60
3	Diploma in Abhyanga Mardan Tantra (Skill)	63
4	Diploma in Yoga Education (Skill)	67
5	Diploma in Panchakarma Tantra Sahayak (Skill)	69
6	Certificate Course in Clinical Nutrition	71
7	M.Sc. in Nutrition & Food Science	73
8	M.A. in Yoga	77
9	PG. Diploma in Yoga Therapy	81
10	Introduction to Ayurveda (Certificate Courses for Foreigners)	82
11	Ph.D. (Ayurveda)	#

**# For Syllabi, enquiries & admission to these courses,
Please refer to the respective prospectus.**

Programme Details



Diploma in Yoga and Ayurveda (Basic)

(Recommended by UGC committee Letter dated 20th December 1985)

Introduction :

Ayurveda, being the science of life, common people should be aware about it. Hence Vidyapeeth is conducting Diploma in Yoga and Ayurveda (Basic) course since 1984. Yoga, being closely related to Ayurveda, diploma was designed as a combination of Yoga and Ayurveda. It is giving introductory knowledge of above said ancient Indian Sciences. Now days it is very popular in Indian people as well as in foreign students.

The basic aim is to help people maintain positive health & prevent diseases.

Benefits

- Introduction to the Indian Sciences namely Yoga & Ayurveda.
- Basic education & demonstration of 'Suryanamaskara' & 'Yogasana' (s) (Yogic Procedures)
- Preliminary information about Pranayama, Mudra etc...
- Tips for maintaining personal health.
- Prakruti or temperament.
- Basic understanding of body functions according to Ayurveda. Understanding actions of Food substances on body with respect to taste & other properties of substance.

Duration : 1 year

Eligibility : 10th Pass + 18 Years complete

Schedule : Regular

Intake capacity : 50 students

Fee : Rs. 13,500/- (Including Study Material & Yoga Practical)
+ Rs. 500/- Library Deposit

Eligibility	Admission	Exam	Tuition	Library	Total
500	1000	2000	9500	500	13500

Programme Details



Medium of instructions : Marathi

- Study material in Marathi as well as in English.
- Teaching facility available in Marathi language only.

Medium for paper writing : Marathi / English / Hindi

Exam Schedule : 4th Saturday & Sunday in the month of April every Year.

Pattern of Examination :

- Two question papers of 100 marks each
- Practical & Oral examinations for Yoga of 50 marks.
- 40% marks necessary for passing each head.

Syllabus :

Yoga	Ayurveda
Concept of Yoga	History & Introduction
History of Yoga Darshana	Basic Principles of Ayurveda
Suryanamaskara	Sharira
Yogasana	Swasthvrutta
Pranayama	
Mudra-Bandha etc.	

- Medical Practice not allowed



योग आणि आयुर्वेद पदविका प्रारंभिक (विद्यापीठ विश्व अनुदान आयोग समिती शिफारस पत्र क्र. २० डिसेंबर १९८५)

आयुर्वेद म्हणजे आयुष्याचा वेद. सामान्य माणसामध्ये या विषयी माहिती व्हावी/जागरूकता निर्माण व्हावी या उद्देशाने १९८४ पासून विद्यापीठाने योग आयुर्वेद पदविका (प्रारंभिक) हा अभ्यासक्रम सुरू केला. योगाचा आयुर्वेदाशी जवळचा संबंध असल्याने योग आणि आयुर्वेद असा एकत्रित अभ्यासक्रम तयार केला. हा अभ्यासक्रम या दोनही प्राचीन भारतीय शास्त्रांची तोंडओळख करून देतो. भारतीय तसेच परदेशी विद्यार्थ्यांमध्येही हा अभ्यासक्रम फारच लोकप्रिय आहे. हा अभ्यासक्रम एक वर्षाचा आहे.

या अभ्यासक्रमाचा मूल उद्देश लोकांचे स्वास्थ्य टिकविणे व रोगप्रतिबंध करणे हा आहे.

फायदे

- आयुर्वेद व योग या दोन्ही शास्त्रांची तोंडओळख
- सूर्यनमस्कार व योगासने यांची तात्त्विक माहिती व प्रात्यक्षिके
- प्राणायाम, मुद्रा इ. बाबत प्राथमिक माहिती
- वैयक्तिक स्वास्थ्य रक्षणासाठी
- प्रकृती विचार
- आयुर्वेदानुसार शारीरक्रिया- तोंडओळख
- निरनिराळ्या आहारिय द्रव्यांचा शरीरावर होणारा परिणाम त्यांच्या रस - वीर्य - विपाकानुसार समजून घेणे.

कालावधी	:	१ वर्ष
पात्रता	:	१० वी पास + १८ वर्षे पूर्ण
अभ्यासक्रमाचे स्वरूप	:	नियमित
कमाल विद्यार्थी संख्या	:	५०
शुल्क	:	१३,५००/- रुपये (पुस्तक/ योग प्रात्यक्षिकासह) (रु. ५००/- ग्रंथालय अनामत)

Eligibility	Admission	Exam	Tuition	Library	Total
500	1000	2000	9500	500	13500

Programme Details



अध्यापनाचे माध्यम	:	मराठी
परीक्षेसाठी माध्यम	:	मराठी/ इंग्रजी/ हिंदी
परीक्षेचा आराखडा	:	दरवर्षी एप्रिल महिन्यात चौथ्या शनिवारी व रविवारी परीक्षा घेण्यात येतील.
परीक्षा पद्धती	:	१०० गुणांचे प्रत्येकी २ पेपर ५० गुणांची प्रात्यक्षिक व तोंडी परीक्षा (विषय : योग)
उत्तीर्ण पात्रता	:	प्रत्येक प्रश्नपत्रिकेमध्ये किमान ४० टक्के गुण प्राप्त असणे आवश्यक.
अभ्यासक्रम	:	

योग	आयुर्वेद
योग संकल्पना	इतिहास व परिचय
योगदर्शन इतिहास	मौलिक सिद्धांत
सूर्यनमस्कार	शारीर
योगासन	स्वस्थवृत्त
प्राणायाम	
मुद्रा बंध	

वैद्यकीय व्यवसाय करण्यास परवानगी नाही.

Diploma in Yoga and Ayurveda (Advanced)

Benefits

- More comprehensive inputs about Yoga & Ayurveda.
- Demonstrations & Practice of complex Yoga postures.
- Demonstrations & Practice of some of the suddhikriya(s) (Cleansing procedures)
- Information about Ayurvedic aspects of diet.
- Understanding of how diseases are produced.
- Introduction to various Methods of diagnosis and types of treatments .
- 5 basic methods of preparation of formulations.
- Marma

Duration	:	1 year
Eligibility	:	III rd Year B.A.M.S. passed / B.A.M.S. passed.
Schedule	:	Regular
Fee	:	Rs. 12000/- (Including Study Material & Yoga Practical) Rs. 500/- Library Deposit

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	9500	500	1000	500	500	12000

Intake capacity	:	Ayurved - 50 students
Medium of instructions	:	Marathi
Exam Schedule	:	4th Saturday & Sunday in the month of April every year.
Medium for paper writing	:	Marathi / English / Hindi

- Medical practice not allowed.

Programme Details



Pattern of Examination :

- Two question papers of 100 marks each
- Practical & Oral examinations of Yoga - 50 marks
- 40% marks necessary for passing each head.

Syllabus :

Yoga	Ayurveda
History and Philosophy of Yoga	History of Ayurveda
Yoganga - Mudra, Bandha etc.	Sharira
Practicals of Yoga	Swasthavrutta
Relation between Yoga & Ayurveda	Dravyaguna Vidnyana
	Nidana-Chikitsa

योग आणि आयुर्वेद पदविका प्रगत

लाभ

- योग आणि आयुर्वेद या दोहोंची थोडी सखोल माहिती.
- काही शुद्धिक्रिया (शोधन प्रक्रिया) प्रात्यक्षिक व अभ्यास.
- रोगोत्पत्ती कशी होते
- चिकित्सा प्रकार
- मर्मविचार
- थोड्या अवघड योगासनांचे प्रात्यक्षिक व अभ्यास.
- आयुर्वेदातील आहार विचार
- रोग निदान करण्याच्या पद्धती
- पंचविधकषायकल्पना

कालावधी : १ वर्ष

शैक्षणिक पात्रता : तृतीय वर्ष बी. ए. एम. एस. उत्तीर्ण विद्यार्थी किंवा बी.ए.एम.एस. उत्तीर्ण.

कमाल विद्यार्थी संख्या : ५०

शुल्क : १२०००/- रुपये (अभ्यास साहित्य आणि योगप्रात्यक्षिक) + ५००/- रुपये ग्रंथालय अनामत

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	9500	500	1000	500	500	12000

अध्यापनाचे माध्यम : मराठी

परीक्षा माध्यम : मराठी/ इंग्रजी/ हिंदी

परीक्षा पद्धती : प्रत्येकी १०० गुणांचे दोन पेपर

योग विषयाची ५० गुणांची - प्रात्यक्षिक व मौखिक परीक्षा

उत्तीर्ण पात्रता : प्रत्येक प्रश्नपत्रिकेमध्ये किमान ४० टक्के गुण प्राप्त असणे आवश्यक.

अभ्यासक्रम :

योग	आयुर्वेद
योग इतिहास आणि तत्त्वज्ञान	आयुर्वेदाचा इतिहास
योगांग मुद्रा, बंध इत्यादी	शारीर
योग प्रात्यक्षिक	स्वस्थवृत्त
योग आणि आयुर्वेद यांचा संबंध	द्रव्यगुणविज्ञान
	निदान चिकित्सा

वैद्यकीय व्यवसाय करण्यास परवानगी नाही.

Diploma in Abhyanga & Mardana (Massage) (Skill)

(Govt. approval No. VAM1993/1955/CR-288/93/shikshan-2)

Introduction : (An art and technique of Ayurvedic Massage)

It is also a one-year Diploma course recognised by the State Government of Maharashtra giving knowledge of technique of massage from Ayurvedic point of view. It is very helpful for self-employment as an Ayurvedic Massagist. Vidyapeeth is conducting the course since 1993 and response to this course is very encouraging.

Benefits

- Unique course specially designed for self-employment.
- Preliminary information about different techniques of massage.
- Demonstrations of preparation of medicinal oil & ghee.
- Practical training of massage on healthy individuals & patients.
- Ability to develop into a professional masseuver.

Duration : 1 year

Eligibility : 12th pass (preference to science faculty)

Schedule : Regular

Fee : Regular - Rs. 13,000/- + Library Deposit - Rs. 500/-
(Including Marathi Study Material)

Intake Capacity : 25

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	10600	1000	1000	200	200	13000

Programme Details



Medium for paper writing : Marathi / English / Hindi

Medium of instructions in Marathi only.

Exam Schedule : 4th Saturday & Sunday in the month of April every Year.

Pattern of Examination :

- Two question papers of 100 marks each.
- Practical & Viva Voice exam for 100 marks.
- 40% marks necessary for passing each head.

Syllabus :

	No.	Syllabus covered in Paper I & II
Paper I	1.	Philosophy of Ayurveda
	2.	History of Abhyanga Mardana
	3.	Sharira & Manovidnyana
	4.	Doshadhatumala Vidnyana
Paper II	5.	Vyayama
	6.	Abhyanga Maradana
	7.	Dravyguna & Aushadhi Nirmana

अभ्यंग मर्दन पदविका (कौशल्य)

(शासन निर्णय क्र. वाआम / 1993 / 1995 / CR - 288 / 93 / शिक्षण - 2)

तोंडओळख - आयुर्वेदीय अभ्यंगाची कला आणि शास्त्र

हा एक वर्षाचा पदविका अभ्यासक्रम असून, महाराष्ट्र शासनमान्य आहे. आयुर्वेदाच्या दृष्टीने अभ्यंग करण्याच्या तंत्राची माहिती दिली जाते. आयुर्वेदीय मसाजिस्ट म्हणून व्यवसाय करण्यास अतिशय उपयुक्त. विद्यापीठामध्ये १९९३ पासून हा अभ्यासक्रम सुरू असून, या अभ्यासक्रमाला प्रतिसाद उत्साहवर्धक आहे.

लाभ

- मसाजिस्ट म्हणून व्यवसाय करण्यासाठी उपयुक्त.
- वेगवेगळ्या मसाज पद्धतीची माहिती.
- औषधी तेल व तूप तयार करण्याचे प्रात्यक्षिक.
- स्वस्थ व रुग्ण व्यक्तींवर मसाज करण्याचे प्रात्यक्षिक.
- स्वतंत्र व्यावसायिक बनण्यासाठीची तयारी.

कालावधी	:	१ वर्ष
शैक्षणिक पात्रता	:	१२ वी पास (शास्त्र शाखा प्राधान्य)
अभ्यासक्रम स्वरूप	:	नियमित
शुल्क	:	१३,०००/- रुपये + ५००/- रुपये ग्रंथालय अनामत

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	10600	1000	1000	200	200	13000

कमाल विद्यार्थी संख्या	:	२५
अध्यापनाचे माध्यम	:	मराठी
परीक्षा माध्यम	:	मराठी / इंग्रजी / हिंदी
परीक्षा	:	दरवर्षी एप्रिल महिन्यात चौथ्या शनिवारी व रविवारी परीक्षा घेण्यात येतील.
परीक्षा पद्धती	:	प्रत्येकी १०० गुणांचे दोन पेपर १०० गुणांची प्रात्यक्षिक व मौखिक परीक्षा

Programme Details



उत्तीर्ण पात्रता : प्रत्येक प्रश्नपत्रिकेमध्ये किमान ४० टक्के गुण प्राप्त असणे आवश्यक.

अभ्यासक्रम :

पेपर १ आणि २		
Paper I	१)	आयुर्वेदाचे तत्त्वज्ञान
	२)	अभ्यंग मर्दनाचा इतिहास
	३)	शारीर आणि मनोविज्ञान
	४)	दोषधातुमलविज्ञान
Paper II	५)	व्यायाम
	६)	अभ्यंग मर्दन
	७)	द्रव्यगुण औषधिनिर्माण

Programme Details



Diploma in Yoga Education (Skill)

(Vidyapeeth Approval No : Ayu / YVD / 1605 dated 2nd February 2007)

Benefits

- Unique course of 'Training of trainers' type.
- Comprehensive syllabus covering theoretical background.
- Demonstrations of complex Yoga procedures.
- Training of conducting Yoga Classes.
- Opportunity & practice of conducting Yoga sessions.

Duration : 1 year

Eligibility : DYA (Basic) or any course of Yoga, which is not less than 6 months duration (run by a recognized institution).

Schedule : Regular

Fee : Regular - Rs. 18,500/- + Library Deposit Rs. 500/-

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	15600	1500	1000	200	200	18500

Medium of instructions : Marathi

Medium for paper writing : Marathi

Exam Schedule : 4th Sunday in the month of April every year.

Pattern of Examination

- One question paper of 100 marks.
- Practical & Viva Voice exam - 100 marks
- Evaluation of teaching skills - 50 marks
- 40% marks necessary for passing each head.

Syllabus :

No.	Syllabus covered in Paper I & II
1.	Basic Anatomy
2.	Basic Principles of Ayurveda
3.	Shuddhikriya
4.	Therapeutic Yoga
5.	Latest research in Yoga
6.	Practical
7.	Lessons

योग शिक्षक पदविका (कौशल्य)

(विद्यापीठ मान्यत क्र. आयु/योविधा/१६०५ दि. २ फेब्रुवारी २००७)

लाभ

- विद्यार्थ्यांनी इतरांना शिकविण्यासाठी सुरु करण्यात आलेला एक व्यवसायाभिमुख अभ्यासक्रम. (योग शिक्षक म्हणून शाळा, कॉलेज, जिम इ. ठिकाणी योग शिकविणे तसेच स्वतःचा क्लास चालविणे या करिता उपयुक्त)
- सर्वसमावेशक अभ्यासक्रम यामध्ये तात्त्विक भाग पूर्णपणे समाविष्ट आहे.
- अवघड यौगिक क्रियांचे प्रात्यक्षिक.
- योग क्लास घेण्याचे प्रशिक्षण त्याकरिता सुयोग्य प्रात्यक्षिक आणि संधी.

कालावधी : १ वर्ष

अभ्यासक्रम स्वरूप : नियमित

शैक्षणिक पात्रता : योग आयुर्वेद प्रारंभिक परीक्षा उत्तीर्ण किंवा कोणत्याही मान्यताप्राप्त संस्थेचा ६ महिने कालावधीचा अभ्यासक्रम पूर्ण केल्याचे प्रमाणपत्र आवश्यक.

शुल्क : १८,५००/- रुपये + ५००/- रुपये ग्रंथालय अनामत

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	15600	1500	1000	200	200	18500

अध्यापनाचे माध्यम : मराठी

परीक्षा माध्यम : मराठी

परीक्षा : दर वर्षी एप्रिल महिन्यात चौथ्या रविवारी परीक्षा घेण्यात येतील.

परीक्षा पद्धती : १०० गुणांचा एक पेपर
प्रात्यक्षिक अथवा मौखिक परीक्षा १०० गुण
शिकविण्याचे कौशल्य व मूल्यांकन ५० गुण

उत्तीर्ण पात्रता : प्रत्येक प्रश्नपत्रिका व मौखिक : प्रात्यक्षिक तसेच मूल्यांकन व शिकविणे कौशल्यामध्ये ४० टक्के गुण प्राप्त असणे आवश्यक.

अभ्यासक्रम :

	पेपर १ आणि २
१.	सामान्य शारीर
२.	आयुर्वेदाचे मूलभूत सिद्धांत
३.	शुद्धिक्रिया
४.	योगचिकित्सा
५.	योगातील नवीन संशोधन
६.	प्रात्यक्षिक
७.	तासिका

पंचकर्म तंत्र सहायक (कौशल्य)

(शासन निर्णय क्र. वाआम १९९३/१९५५/सीआर-२८८/९३/शिक्षण-२)

हा एक पदविका अभ्यासक्रम असून महाराष्ट्र शासनमान्य आहे. पंचकर्मासाठी योग्य सहाय्यक निर्माण करणे या उद्देशाने हा अभ्यासक्रम सुरू करण्यात आला आहे.

कालावधी	:	१ वर्ष
शैक्षणिक पात्रता	:	१२वी उत्तीर्ण (शास्त्र शाखा प्राधान्य)
अभ्यासक्रम स्वरूप	:	नियमित
शुल्क	:	१३,०००/- रुपये + ५००/- रुपये ग्रंथालय अनामत

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	10600	1000	1000	200	200	13000

कमाल विद्यार्थी संख्या	:	२५
अध्यापनाचे माध्यम	:	मराठी
परीक्षेसाठी माध्यम	:	मराठी / इंग्रजी / हिंदी
परीक्षा	:	दरवर्षी एप्रिल महिन्यात चौथ्या शनिवारी व रविवारी परीक्षा घेण्यात येतील.
परीक्षा पद्धती	:	प्रत्येकी १०० गुणांचे दोन पेपर. ५० गुणांची प्रात्यक्षिक व मौखिक परीक्षा
उत्तीर्ण पात्रता	:	प्रत्येक प्रश्नपत्रिकेमध्ये किमान ४० टक्के गुण प्राप्त असणे आवश्यक.

विषय	:	<table border="1"> <tr> <td>Paper - I</td><td>१.</td><td>आयुर्वेद परिचय व तत्त्वज्ञान</td></tr> <tr> <td></td><td>२.</td><td>शारीर व मनोविज्ञान</td></tr> <tr> <td></td><td>३.</td><td>दोषधातूमलविज्ञान</td></tr> <tr> <td></td><td>४.</td><td>स्वस्थवृत्त</td></tr> <tr> <td></td><td>५.</td><td>निदानचिकित्सा</td></tr> <tr> <td></td><td>६.</td><td>पंचकर्मेतर कर्मे</td></tr> <tr> <td>Paper - II</td><td>७.</td><td>पंचकर्म</td></tr> <tr> <td></td><td>८.</td><td>द्रव्यगुण औषधि निर्माण</td></tr> </table>	Paper - I	१.	आयुर्वेद परिचय व तत्त्वज्ञान		२.	शारीर व मनोविज्ञान		३.	दोषधातूमलविज्ञान		४.	स्वस्थवृत्त		५.	निदानचिकित्सा		६.	पंचकर्मेतर कर्मे	Paper - II	७.	पंचकर्म		८.	द्रव्यगुण औषधि निर्माण
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	२.	शारीर व मनोविज्ञान																								
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	५.	निदानचिकित्सा																								
	६.	पंचकर्मेतर कर्मे																								
Paper - II	७.	पंचकर्म																								
	८.	द्रव्यगुण औषधि निर्माण																								

Programme Details



- प्रात्यक्षिक : १. औषधीकरण
२. पंचकर्म
३. कार्यानुभव

परीक्षेचे स्वरूप

● प्रश्नपत्रिका क्र. १ :

आयुर्वेदाची मूलतत्त्वे आणि निदान चिकित्सा, लघुकर्मे १०० गुण

● प्रश्नपत्रिका क्र. २ :

पंचकर्म आणि द्रव्यगुण औषधी निर्माण १०० गुण

प्रात्याक्षिक परीक्षा व मौखिक परीक्षा ५० गुण

Certificate Course in Clinical Nutrition

Objectives:

1. To train and develop professionals with expertise in medical nutrition management/dietetics for services in hospitals and clinics.
2. To develop capabilities to provide preventive and promotive care across the life cycle.
3. To provide a scientific basis for assessment and management of nutritional problems of vulnerable populations.
4. To develop capacities and abilities and enable them to pursue higher education and research in Clinical Nutrition and Dietetics.

Opportunities:

1. This interdisciplinary course helps the students to apply knowledge in their own existing consultancy and therapy practice after successful of the course completion.
2. Helps Medical students to establish themselves as professional consultants in hospitals, private clinics etc or set up a Nutrition Counseling cell.
3. This course will be a major stepping stone to enter a field of National and International research related to Nutrition.
4. Have necessary capabilities and abilities to pursue higher education and research in the above mentioned area of specialization.
5. Efficiently and responsibly carry out their role as health care professional in the betterment of community and nation.

Duration : 6 months

Eligibility :

- Registered Medical Practitioners (MBBS, BHMS, BAMS)
- BPT/ MPT/ BNYS
- B.Sc. or M.Sc. Food Science and Nutrition, B.Sc. or M.Sc. Applied Nutrition, B.Sc. or M.Sc. Dietetics and Food Service
- B.Sc. Life Sciences (Nursing, Pharmacy, Food Science and Technology, Biotechnology etc.)

Programme Details



Fee Structure : 10,000
Medium of Instruction : English/ Marathi
Medium of Paper writing : English

Pattern of Examination:

- Total 300 Marks (50 marks each paper)
- 5 Theory and 1 Practical Examination

Paper No.	Subject Name
101	Basic Principles Nutrition
102	Nutritional Biochemistry
103	Dietetic Techniques and Patient Counseling
104	Medical Nutrition Therapy
105	Ayurvedic Concept of Ahara
106	Medical Nutrition Therapy (Practical)

Note:

Pass percentage: The minimum marks required to pass the examination at the end of the course shall be 50% as the overall aggregate of written and practical papers.

M.Sc. in Nutrition & Food Science

UGC Letter No. DO No. F. 6-1 (11) 2006 (CPP - I)

Introduction

M.Sc. in Nutrition and Food Science is a unique course, specially designed to bridge the gaps between dietary concepts of Ayurveda and present era. The course is aimed at enhancing inclusive knowledge of the ancient & present diet pattern for healthy individuals, athletes, and patients in classrooms as well as in clinical practice.

Benefits

1. Understanding Indian Diet as mentioned in Ayurveda with nutritional values and clinical biochemistry.
2. Understanding Indian, Western, Continental, Fast food diet with advantages and disadvantages to health.
3. Applications of Diet therapy in various disease conditions from Pediatric to Geriatric population.
4. Emphasis on healthy diet practice to be healthy and make our society healthy.

Duration : 2 years

Eligibility : 1. B.A.M.S. / B. H. M.S. / M. B.B.S. / B.Sc. (Nutrition) / B.Sc. (Home Sciences) - B.Sc. (Life Sciences)
2. Entrance Exam

Schedule : Regular

Fee : 59,000/- for first year + Library Deposit Rs. 1000/-
61,500/- for Second Year

Medium of instructions : English

Intake Capacity : 20 students (Seat reservation as per state Govt. norms)

Year	Eligibility	Admission	Exam	Tuition	Laboratory/ Practical	Library	Total
First Year	1000	2000	4000	51500	-	500	59000
Second Year	-	2000	4000	55000	-	500	61500

M.Sc. in Nutrition & Food Science

Semester - I

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MSC24N-111TH	Basic Principles of Traditional Indian Diet part I	4	Theory
MSC24N-112TH	Basic Principles of Nutrition Science	4	Theory
MSC24N-113TH	Basics of Anatomy & Physiology	4	Theory
MSC24N-114TH	Nutritional Biochemistry	2	Theory
Research Methodology			
MSC24N-115TH	Research Methodology	4	Theory
Major Elective			
MSC24N-116TH	Nutrition and Immunity	4	Theory
MSC24N-117TH	Diet in Metabolic Disorders	4	Theory
	Total	22	

Semester - II

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MSC24N-211TH	Basic Principles of Traditional Indian Diet part II	4	Practical
MSC24N-212TH	Medical Nutrition Therapy (MNT)- Part I	4	Theory
MSC24N-213P	MNT – I (Traditional and Modern approaches of therapeutic cooking)	2	Practical
MSC24N-214TH	Basic Diet from Kshemakutuhala	4	Theory
Internship/ On Job Training			
MSC24N-215P	OJT (On Job Training- 1 month's internship)	4	Practical
Major Elective			
MSC24N-216TH	Nutrition for Maternal, Child & Geriatric Health	4	Theory
MSC24N-217TH	Yogic Diet	4	Theory
	Total	22	

Programme Details



Exit with Post Graduate Diploma in Nutrition and Food Science (Recommended internship of 4 Credits in Multispecialty Hospital)	
Cumulative credits for PG Diploma (after 3 Years) Degree = 44 CR	
Major Core	28
Major Elective	08
OJT	04
Research Methodology	04
Total	44

Semester - III

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MSC24N-311TH	Ayurvedic Nutrition Therapy	4	Theory
MSC24N-312P	MNT-II	2	Practical
MSC24N-313TH	Medical Nutrition Therapy (MNT) Part- II	4	Theory
MSC24N-314TH	Basic Diet from Bhojankutuhāl	4	Theory
Research Project			
MSC24N-315P	Minor Research Project	4	Practical
Major Elective			
MSC24N-316TH	Critical Care Nutrition	4	Theory
MSC24N-317TH	Hospital Catering Management & Diet Counselling	4	Theory
	Total	22	

Semester - IV

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MSC24N-411TH	Community Nutrition	4	Theory
MSC24N-412TH	Ayurvedic Diet Planning	4	Theory
MSC24N-413TH	Sports and Fitness Nutrition	4	Theory
Research Project			
MSC24N-414P	Dissertation	6	Practical
Major Elective			
MSC24N-415TH	Functional Foods and Nutraceuticals	4	Theory
MSC24N-416TH	Microbiome and Nutrition	4	Theory
Total		22	

Elective subjects will be offered only if there are minimum 10 students for the respective selected course.

Credit for 1 year PG Degree (after 4 Year UG) = 44 CR

Major Core	26
Major Elective	08
Research Project	10
Total	44

Cumulative Credit for 2 year PG Degree = 88 CR

Major Core	54
Major Elective	16
Research Project	10
Research Methodology	04
OJT	04
Total	88

Programme Details



M. A. in Yoga

UGC letter No. DO No. F. 5-1/2013 (CPP-II)

Objectives

- The course will provide deeper insight into the Yogic Sciences along with the therapeutic applications of Yoga and alternative therapies.
- At the master level it is also intended that students should get familiar with the original texts of Yoga.
- Promoting Positive Health in the student through Yoga and enabling and imparting skill in them to practice and apply Yogic practices for health to general public and teach Yoga for total personality development and spiritual evolution.

Duration : 2 Years

Eligibility : 1. Any Graduate with minimum second class
2. Entrance Examination

Schedule : Regular

Fee : 33,500/- for First year + Library Deposit Rs. 2000/-
34,500 for Second Year

Year	Eligibility	Admission	Exam	Tuition	Library	Total
First Year	1000	2000	4000	23000	500	33500
Second Year	-	2000	4000	25000	500	34500

Intake Capacity : 20

Medium : Marathi/ English

M. A. in Yoga

Semester - I

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MA24N-101P	Basics of Yoga	2	Practical
MA24N-102TH	Srimad Bhagwadgeeta	4	Theory
MA24N-103TH	Basics of Anatomy & Physiology	4	Theory
MA24N-104TH	Concepts of Ayurveda	4	Theory
Research Methodology			
MA24N-105TH	Research Methodology	4	Theory
Major Elective			
MA24N-106TH	Fundamentals of Yoga	4	Theory
MA24N-107TH	Principles of Naturopathy & Allopathy	4	Theory
	Total	22	

Semester - II

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MA24N-201TH	Yoga in Darshan Shastra	4	Theory
MA24N-202TH	Hathiyoga Pradipika	4	Theory
MA24N-203TH	Lifestyle Management through Ayurveda & Yoga	4	Theory
MA24N-204P	Foundation of Yoga –Asanas & Pranayama	2	Practical
Internship / On Job Training			
MA24N-205P	Internship of yogic practices	4	Practical
Major Elective			
MA24N-206TH	Concept of Yoga in Vedas & Upanishadas (Ancient literature)	4	Theory
MA24N-207TH	Yogic Diet – Holistic Approach	4	Theory
	Total	22	

Programme Details



Exit with Post Graduate Diploma in Yoga. (Recommended internship of 4 Credits)	
Cumulative credits for PG Diploma (after 3 Years) Degree = 44 CR	
Major Core	28
Major Elective	08
OJT	04
Research Methodology	04
Total	44

Semester - III

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MA24N-301TH	Fundamentals of Diseases in Ayurveda	4	Theory
MA24N-302TH	Gherand Samhita	4	Theory
MA24N-303P	Techniques of meditation	2	Practical
MA24N-304TH	Advanced Yogic Practices	4	Theory
Research Project			
MA24N-305P	Minor Research Project	4	Practical
Major Elective			
MA24N-306TH	Basics of Diet & Nutrition	4	Theory
MA24N-307TH	Geriatrics & Yoga	4	Theory
	Total	22	

M. A. in Yoga

Semester - IV

Course Code	Course Name	Credits	Theory/ Practical
Major Core			
MA24N-401TH	Application of Yoga (Theory & practical)	4	Theory
MA24N-402TH	Patanjal Yog Sutra	4	Theory
MA24N-403P	Introduction to Shuddhikriyas	4	Practical
Research Project			
MA24N-404P	Dissertation	6	Practical
Major Elective			
MA24N-405TH	Yoga for women's health	4	Theory
MA24N-406TH	Teaching methods in Yoga	4	Theory
Total		22	

Cumulative Credit for 1 year PG Degree (after 4 Year UG) = 44 CR	
Major Core	26
Major Elective	08
Research Project	10
Total	44
Cumulative Credit for 2 Year PG Degree = 88 CR	
Major Core	54
Major Elective	16
Research Project	10
Research Methodology	04
OJT	04
Total	88

Programme Details



Post Graduate Diploma in Yoga Therapy

UGC letter No F.14-3/2002 (Inno. Preksha Y.T. /COS-I) Dated August 2004

Objectives

The course aims at

- 1) Promoting positive health, prevention of stress related health problems and rehabilitation through Yoga.
- 2) Integral approach of Yoga Therapy to common ailments.
- 3) Imparting skills in them to introduce Yoga for health to general public and Yoga for total personality development of students in colleges and Universities.
- 4) Invoke scientific attitude and team spirit to channelize their energies into creative and constructive endeavours.
- 5) To enable them to establish Yoga Therapy centers in the service of common man.

Duration : 1 Year & 6 months internship

Eligibility : 1. Graduation with second class
2. Entrance Examination

Schedule : Regular

Fee : 38,000/- + Library Deposit Rs. 500/-

Intake Capacity : 30 students (Seat reservation as per state Govt. norms)

Year	Tuition	Admission	Exam	Eligibility	Library	Total
First Year	35500	500	1000	500	500	38000

Medium : English

Courses for Foreigners

Introduction to Ayurveda

The course is exclusively designed for foreign students. It is a certificate course of sixty lectures to be completed within 4 months.

Benefits

- Introduction to ancient Indian life science.
- Brief information about the Philosophical background of Indian Sciences.
- Brief introduction of concepts & basic principles of Ayurveda.
- Preventive medicine from Ayurveda.

Duration : 4 months generally twice a week (Four lecture per week)

Eligibility : Secondary School examination / 10th passed or equivalent
Passport * Student Visa * Medical Certificate for HIV *
Residential permit of police (can be gained after reaching India)

Schedule : Regular

Fee : Rs. 57,000/-

Eligibility	Admission	Exam	Tuition	Laboratory/ Practical	Library	Total
500	1000	2000	53000	-	500	57000

Syllabus :

No.	Syllabus covered
1.	History & Introduction
2.	Dravyaguna (Ayurvedic Herbology)
3.	Swasthavrutta (Preventive Medicine)
4.	Nidana & Chikitsa (Diagnosis & Treatment)
5.	Global Applicability of Ayurveda

- No examination for this course.
- A certificate will be issued after completion of the course.
- Medical practice not allowed.

INSTRUCTIONS FOR AYURVEDA

- Last date of admission without Late Fee - 31st August
- Last date of admission with Late Fee - 30th September

Curriculum

One academic year will be divided into two semesters. Examination will be held at the end of each semester. The course structure mentioned in this prospectus is indicative and may be changed / updated at the discretion of the Vidyapeeth. It may include co-curricular activities and extra-curricular activities as well.

Duration of the Syllabus

In case of any change in partial or full syllabus of the course, the examination of the previous syllabus will be conducted, only for the next 3 consecutive times and the repeaters should clear their backlog.

Minimum 10 students required to run the course.

Evaluation

Mode of Evaluation

Evaluation of the students is generally done in two parts - i.e. Internal and External. Proportion of marks of Internal and External Assessment is 40:60 (total 100 marks). Separate passing in Internal and External Assessment is essential. Total marks for each subject will be 100. The minimum passing marks in each individual head will be 40%. Theory / Practical / Oral/ Term work / Seminar / Project- examination will be assessed by internal / external examiners.

Internal Assessment

This assessment is done at the departmental level. It may consist of theory, practical, term work, internal tests, seminar, project work, industrial training and so on.

External Assessment

Schedule of Examination

Semester Examination will be held twice in a year, in the months of December and April each year.

Vidyapeeth Examination

Vidyapeeth examinations are conducted according to the examination time-table notified by the Vidyapeeth by the end of each term / semester. Students are required to appear for written as well as oral / practical examination as per the course syllabus of their branch.

Results

Results of the Vidyapeeth examinations will be declared after 30 days after the end of the examination of that particular programme.

The Vidyapeeth has the right to reserve the result of a student if he has not cleared the fee / other dues.

Revaluation & Rechecking / Verification of Marks :

Candidates may apply for revaluation or rechecking of marks by paying the Revaluation Fee (Rs. 500/- per subject + Rs. 10/- form Fee) or Rechecking fees. (Rs. 350/- per subject + Rs. 10/- form fee) Students should submit the rechecking / revaluation form within 15 days after the declaration of the result.

Rules for Promotion :

ATKT - ATKT facility is available as per Vidyapeeth rules.



Books Published by Hon. Mayor, Pune Mrs. Mukta Tilak
१. पातंजल योग सूत्र- एक अन्वयार्थ २. आंतराष्ट्रीय योग दिन मार्गदर्शक पुस्तिका



Prof. Dr. Abhijit Joshi, Dean, faculty of Ayurveda, conferred D. Litt.
from Karnataka Sanskrit University, Bangalore, by Hon. Governor of Karnataka state

Departmental Activities



Certificates given to the M. A. Yoga students for their record in India Book of Records & Asia Book of Records on 5th International Yoga Day.



Demonstration of Yogasanas given by the students of M.A. Yoga program on the occasion of 8th International Yoga day celebration 2022 in the presence of foreign delegates.



Students and staff of Dept. of Ayurveda and Yoga with foreign delegates.